

# Day Passes



## 1

### Luxury

Vegetarian organic lunch (animal protein available at additional cost).

A 60 minutes Healing Signature massage.

A 20% off for hike and practice sessions.

Full access to hotel and Vida Mía facilities (gym, steam room, pool, jacuzzi) from 8:00 am - 6:00pm.

\*From Friday- Sunday: \$225 per person

\*From Monday- Thursday: \$200 per person



## 2

### Diamond

Organic lunch (Vegan / vegetarian / or with animal protein included)

A 60 minutes healing signature massage.

1 self-guided nature hike and 1 Practice session (movement, meditation or yoga)

Full access to hotel and Vida Mía facilities (gym, steam room, pool, jacuzzi) from 8:00 am - 6:00pm.

\*From Monday - Sunday: \$254 per person

The Retreat is an adult-only property. The minimum age allowed is 16. The access of drinks, food and pets are NOT allowed.

Prices include CR mandatory taxes

For reservations:

[sales@theretreatcostarica.com](mailto:sales@theretreatcostarica.com) | +(506) 21063900